Portland Area Service Committee Meeting of Narcotics Anonymous ZOOM Portland, Oregon October 31, 2020

The Chair called the meeting to order at 2:02pm.

The meeting opened with a moment of silence followed by the serenity prayer.

Member read Service Prayer

Member read "Just for Today" Mantra

New GSR/Alt. GSR and New Group Recognition:

Russel G.	New Journey	GSR
Amanda E.	Queer As Folk	GSR
Jesika	Walk Your Talk	GSR
Alex B.	503 Recovery	GSR
Tony V.	Step Brothers	GSR
Kristina M.	Bridge Builders	GSR

New Meetings

Queer As Folk –	Wednesday 7-8pm	NW Alano Club
Bridge Builders -	Monday 7:15-8:15pm	URS Basement

WELCOME ALL NEW TRUSTED SERVANTS!!! REMEMBER AREA IS FROM 2-5 PM THE LAST SATURDAY OF THE MONTH...

Announcements:

'Coming Home' & 'Here and Now' needs support

Please send updated meeting information to <u>schedules@portlandna.org</u>

Some members are having trouble with incorrect passwords for Zoom meetings, these are being updated and the issue is being taken care of.

'Late Night' meets in person on Friday, Saturday, and Sunday at 9pm in the URS club, masks mandatory.

On 11/16/20 'Harvest of Gratitude' is being held on Zoom, the flyer is on the website- portlandna.org

Last Month's Minutes

Change was recorded to last month's minutes according to discussion.

10th Concept Grievances – NONE

REPORTS

RCM- Toni

Hello Family,

I hope all are doing well during these trying times.

I attended the Region Service Committee last weekend, and all is pretty quiet.

The CAR Report voting has been concluded and all motions passed except for Motions 10 and 12.

They also improved the Mental Health IP and it is on the website.

There was exceptionally low attendance last weekend, so no voting was done. Right now, they need an alternate treasurer and an alternate secretary. If you or anyone you know of would be interested in these positions, please message me in chat.

The Mid-Willamette Valley area of NA is planning and starting to raise money for their convention in Seaside in 2021. If you would like more information you can go to their website.

Dependent upon the COVID-19 situation and the owners of the Phoenix school in Roseburg, there may be a learning days event scheduled in April. More will be revealed.

Lastly, World Service-Learning Day is set for November 20th of 2022 and will be virtual. If you would like more information go to wsld., org for the link and information.

Region will be meeting again on January 17th and will be virtual. All are welcome.

In loving service,

Toni B

Archivist— Issac

We have started working on digitizing the last 2 yrs on a thumb drive.

Treasurer – Janet

Activities still owes \$160. On past due printing

Was Audited by auditing committee

All Committees have opened accounts at OnPoint CCU

Secretary -Theresa D.

Thank you for allowing me to be of service. Please email any reports given at Area, if you are a new GSR or have updated contact information please email it to secretary@portlandna.org.

Vice-Chair- Michelle W.

Hello, my name is Michelle, and I am your Addict Vice-Chair

Good afternoon all, well it has been a busy month so far with stuff to do. I have been attending, announcing in meetings, and emailing the meeting lists in-person and zoom to all interested. A few of the meetings struggling in the past few months have moved to a 12-step club that holds a variety of meetings, located at 17200 SE Stark St. PDX.

Those meetings are:

Weekend Warriors Sat & Sun @ noon

Armageddon Addicts Sat & Sun @ 3pm

Bridge Builders Monday @ 7pm

Please feel free to contact me or any PASC member on this continued revise list of meetings, as we can only keep what we have by giving it away.

I attended the following Subcommittee meetings:

PAAS (Activities) meeting was held on the 2^{nd} Sunday @2pm, 10/11/20. I just want to remind folks Activities has now clean time requirement to join and if you are unsure of being fully committed then join in on one of the many Ad-Hocs to plan an event. And 'In the Middle Speaker Meeting' is back in-person the 2^{nd} Saturday of each month at 7pm.

PR/Outreach meeting the Thursday before PASC @ 6pm on zoom. I was unable to get my zoom to work that day which I didn't get to attend meeting. YOU can connect to this zoom meeting via portlandna.org. However, I do know lots of positions still available if you are in NEED of service work.

Literature (PALSC) meets the Friday before PASC @ 4pm on zoom. And sales for Literature and pick up are week before PASC. There is lots of talk and wonderful ideas going on to see how to provide literature support.

H&I meets Friday before PASC @ 6pm via zoom. This committee is still working on how to provide meeting to those in treatment or detox facilities with no access to outside meetings.

Thank you for allowing me to be of service.

Chair – MaryBeth N.

Hello Trusted Servants!! This month I went to Region and learned that they have postponed elections indefinitely due to a lack of participation at that level and am thinking we may be headed that way as well, as we have quite a few open Alternate positions here. I am not talking about positions at the sub- Committee

level, just at the Area level. I'm working this month with a team (Myk, Toni and Shelley) to keep the website updated for the meeting schedule, which is finally happening once a week, and has become a well-oiled machine. I went to the Communications Committee, which I keep thinking needs to become a permanent committee, but we will see. I went to the Literature Committee to help them come up with a simpler way to get New Starter Packs to new meetings and Candace will explain that. I went to the BOD as well and have that report for you. Myk will be changing our main email from info @portlandna.com to probably info@portlandna.org and that will be on the website. Janet and I will be going into the Area storage that is shared with Activities on November 6th to clean out our share. And we will be working on getting our schedule updated at Region soon. So those are our recent projects but keeping us the busiest is keeping the schedule updated, I think. There are schedule changes daily. Also, I am thinking we ae bringing back a Learning Day into Area probably in November if you guys are ok with that. Also, Janet and I are closing the Area account at US bank next week.

BOD - MaryBeth

The meeting opened at noon; there were 11 people present. Literature, PACNA, Treasurer and Activities gave their financial reports; the auditor was absent, but did a partial audit of the Treasurer this month and will have a report today. There was an announcement by Theresa that she had a relapse and a discussion around that and a decision to submit a proposal to Area for a waiver of her clean time at Area with a lot of support from the BOD for her to stay in her position, especially since she does not handle any money and she is trained. It was decided to submit a donation to Region in the amount of \$1000 for a quarterly donation to be announced to the groups today- yay!

Activities – MacRae

Thanks for allowing me to be of service

4 – 2nd time visitors which means 4 new members,

Established Quorum of 14.

In the Middle Speaker Meeting – went well, had 35 people attend (25 in person, over 10 via zoom) and raised \$26 but need to pay rent for the room. Michelle W. did an amazing job.

Picnic in the Park – canceled for this year due to pandemic.

Zoom Events – Mandy has made a beautiful flyer for our NA Gratitude Harvest Marathon. We will have a tradition talked about every hour and open forum on the ½ hour.

Beverly Beach – closed out with a profit of \$1,991.09. Becky is our coordinator for 2021 and will be assisted by Dani.

UITS - Unity in the Streets is having a fundraiser on Halloween. A trunk or treat. Saturday October 31st starting at 6 pm. Speakers are Quory P and Lindsey B. Rockwood Clinic Parking lot – 2020 SE 182nd.

Fort Stevens – Nyree is our coordinator for 2021!

Paint Ball – canceled for this year due to pandemic and \$480 deposit will be a credit for next year.

4th of July – canceled for this year due to pandemic.

End of the Year – The group decided to cancel any in person dance due to COVID. We are doing an 80's prom dance and speaker meeting via Zoom. More details TBD.

Bowling – no bowling due to COVID

Treasurer: paid \$200 towards printing.

Hospitals & Institutions – Dave E.

Hello, the Hospitals and Institutions subcommittee met via Zoom conference call at 6pm on Friday October 30, 2020. Of 3 virtual/remote commitments, 0 were missed, 5 were cancelled for a total of 36 addicts seen at both Hooper Detox and Lifeworks. 9 addicts attended the meeting. Because of the logistics and reliance on key staff at both Hooper Detox and Lifeworks, H&I presentations are vulnerable to those key staff's availability to host the presentation. New virtual commitments for H&I presentation at NARA residential treatment center as well as another outpatient program are in the works, but we ask for patience in developing a rhythm both with existing commitments and new ones. Again we would like to remind addicts that the H&I subcommittee continues to meet the Friday before the Saturday PASC meeting and we continue to bring the message of NA to addicts who cannot get to an outside/virtual meeting. We will meet again via Zoom on November 27th, the last Friday of November @6pm. Details for the Zoom H&I subcommittee meetings can be found on the landing page at: https://www.portlandna.com/

Best,

Dave E

PACNA -Doug B.

Starting balance 9/26/20 19,253.14 ending balance for 10/31/20 is 22.092.73

We met with area Treasure to switch to on point
We met as a committee the first Tuesday of this month we will meet first
Tuesday of Jan just to continue to take the pulse of what's going on in our
area we got are deposit back from the red lion we are looking at other

venues for our next convention since the red lion has up their price that is it that's all Thanks For allowing me to be of service

Doug B PACNA CHAIR

Public Relations – Wil A.

Oral report given. No written report turned in.

Outreach – John H.

Report for Outreach (Oct 2020)

- Received 5 letters from male inmates (2 from same person). We need more men to write inmates with 2yrs or more (clean time can be waived in some circumstances)
- Emailed Public Relations at world to get feedback on if we can put recorded learning days on our website. Received no response yet.
- We will compile links of learning days/workshops to potentially share out
- In times of need is continuing to provide ASL interpretation on Mondays at 7pm. Outreach is paying 50% of expenses.
- We are brainstorming ideas to start conducting workshops at area again.
- We sent our guidelines to website coordinator and our guidelines are going to be reviewed for potential revisions.
- Talked about how to have new groups request a starter kit now that we are not meeting in person. Usually a group fills out the request and treasurer have to sign off. Literature will help brainstorm.
- Open positions (Vice Chair-1yr, Secretary-6months, In Times of Illness coordinator, GSR orientation person)

Thanks, John

Auditor - Jordan V.

In the month of October 2020 Annie and Jordan met twice to audit the PASCNA Treasurer, Janet H. Both times we met we were able to get considerable work done toward the audit. However, this is our first audit with the amended by-laws and getting an entire audit done in a month has proven to be too much of a task for us. We will be meeting the first week of November to conclude our audit and will present our report at the November PASC. Additionally, per our by-laws, we will be auditing Activities and presenting our audit report at the November PASC as well. Thank you for allowing us to be of service.

As an addendum, we anticipate that auditing the PASC Treasurer is considerably more work than the rest of the subcommittees will be. Not as auditors, but members of NA, Annie and Jordan are drafting a new Treasurer's Report Document that will allow for smoother audits in the future, so that the bylaw deadlines can be met.

<u>Literature</u> – Candace D.

Oral report given. No written report turned in.

Communications Ad-Hoc- Molly T.

Greetings Fellow Addicts in Service,

Your PASC Communications Ad Hoc met one time, as scheduled, since last Area Service meeting. The following BOD members and committees were represented:
Activities: Chair and Flyer Coordinator, Area: Chair, Website: Webhost, Washington County PR Chair, Communications Ad Hoc: Chair, RCM & Schedules Person, PR Interim Chair. Please encourage interested members and subcommittee chairs to attend

this meeting in October. Feedback from participants is that this committee is positively impacting cooperation and communication for groups and between committees and Area in general.

Myk reported that our website was "dead in the water" for a couple of weeks after we were hacked. It is up and running and more secure. Myk demonstrated live and on screen some of the new bells and whistles of the website. Please join us next month, and we would be happy to have things demonstrated again. It is amazing, and we reflected that it is the most user friendly and responsive to change website many of us ever remember. Our Activities Chair reports being excited that event flyers are up and visible on the website! In addition, communication between Activities' Flyer Coordinator, via email, is flowing and smooth. MacRae is creating an online drive where all Activities forms, docs, agendas, and more will be readily available to committee members.

Also, the very first mailing from PR that included Activities flyers went out, which is a result of the work of this committee. Nicely done, all of you! Marybeth and Toni discussed that the system of keeping meeting info current in these changing times has been fine-tuned and is working well. This includes the webhost updating the website weekly. Toni reflected that a system that had initially been so unorganized and overwhelming is now so much better. Thank you to these fine folks, I am sure addicts seeking meetings appreciate your efforts! The next goal is to develop a system to share our schedule with Region.

Part of our ad hoc includes seeking collaboration with other areas. Thank you to Washington County for showing us and engaging with us. Attempts to engage with Clackamas Area are ongoing, and I have every confidence they will join us at the table soon. PR has been trying to get in touch with Street Roots, as a tool to get the word out that NA exists and share our hotline information. To date, Street Roots has not responded, however we will keep trying.

As always, we reflected on whether this ad hoc has reached its goals and is ready to dissolve. The group decided collaboratively

that more collaboration and systems development is needed, and this committee will continue.

Yours in Loving Service,

Molly T

Questions/Comments

Member questioned whether inputting our information in Street Roots is a violation of our traditions. It is not because we can 'attract' in a lot of different ways.

Can financial reports start with balances?

Please clarify change of location for literature pick up on the website.

If Sub-Committee changes meeting times please let us know immediately, consistency is extremely important.

Roll Call-Roll Call of Officers 7 were present

Roll Call of Subcommittees All were present

Roll Call of Groups 20 were present

Group Reports

'Coming Home' questioned if it was ok to trade labor with meeting venue for rent. It absolutely is!!

'In Times of Need' asked for donations of literature to meeting. The fact that they were paying for an ASL interpreter was brought up but apparently that was a miscommunication. They are not using an interpreter anymore.

'Here and Now' has service positions open if interested, the business meeting is on the 4th Sunday at 8pm.

Old Business

Proposal: # 20-14 Date Made: -10/31/20 Made by Candace

Seconded by: Andrew

Proposal: Accept the amended literature guidelines as of 9/20/20

Intent: follow PASC guidelines

Consensus

New Business

Proposal 20-15 Made by MacRae Seconded by Janet

Proposal: Waive clean time requirement for Theresa the Secretary because

she relapsed.

Intent: Keep record of PASC

Discussion

There was a pretty heated discussion around this proposal. Theresa openly admitted to relapsing and understands that normally this would mean immediate resignation. She is open to staying on if that is what the group wants.

Some bullet points of the discussion were

- * secretary of Area is one of the most important positions, if there was someone else who could replace her that would be ideal, but since we don't have anyone to step in, having her continue to take notes seems reasonable
- *wait for her to have 30days and maybe give her a UA to prove clean time
- *since her relapse Theresa has got a sponsor, is working the steps, is going to 90 meetings in 90 days
- *Are we helping or hindering Theresa in her recovery? Are we using her to take notes for Area instead of thinking about what's best for her?
- *a UA would violate the traditions 'we are under no surveillance at any time'
- *the secretary is the hardest position, don't think it would help her so close to relapse, our responsibility is to her recovery not her responsibility that we have a secretary
- *we care about Theresa and want her to survive this, she shouldn't risk herself to take notes
- *is there an alternate available? Why not? What would happen if she couldn't stay on?
- *Why is she taking notes this month? How did that come about? What is the policy?
- *there is nothing about relapsing in the guidelines

The subject was tabled til next month, the Chair's friend will take notes til further notice.

Consensus to close, Meeting Adjourned at 4:28pm

Thank you for allowing me to be of service, Theresa D.