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Portland Area Service Committee, BOD
Meeting of Narcotics Anonymous
ZOOM
Portland, Oregon
July 25, 2020

The Chair called the meeting to order at 2:04 pm.
The meeting opened with a moment of silence followed by the serenity prayer.
Chair read Service Prayer and Mantra.

New GSR/Alt. GSR and New Group Recognition:

Stephanie L.	Women of Wisdom	GSR
Lillana	Guiding Principles	GSR

Announcements

In person meetings: Thursday 7pm 300 SE 129th
Fresh Fruit for Rotting Vegetables, let Shelly
H. know if you want to volunteer for the
phoneline

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Amendments to last month's minutes:
NONE

Member read 12 concepts of NA

Grievances – NONE

Reports

Alt. RCM – Autumn M.

I am camping and will be unable to attend area today.

I am the Alt. RCM and attended region last Sunday. My report is as follows.

Toni (RCM) was not present as well as the majority of RCM's from our region. This was due to only advertising the zoom meeting via the regional Facebook group. They will be emailing RCMs before the next region which will take place in October.

The business that was primarily discussed was regarding the CAR, for which Portland area has not submitted answers. I was under the impression that the responses from groups were collected by the RCM and

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maybe just have not made it to the regional delegate Doug W. If someone could email me or Doug the responses as soon as possible, that is what is needed.

I do not have the minutes from Region, so I feel that I have covered the most pertinent information. I will be out of service here in a few moments, so please if you have questions, email me and I will get back to you Monday.

Thank you for allowing me to be of service. Have a great area and I'll see you next month.

Be well,
Autumn M

Archivist – Issac

I will be transitioning out of this position. Thank you for allowing me to be of service.

Treasurer– Janet H.

We have only a few dollars to transfer to OnPoint in order to close our account with US Bank. There were 4 donations this month.
We Are Financially Responsible!!

No financial reports have been turned by the Treasurer for May and July.

Secretary –Theresa D.

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I had the pleasure of meeting with Hawk, our Alternate Secretary. I gratefully handed over the duties of Roll Call and updating our contacts to

him. I am excited to be working with someone eager for service. If you are submitting a report, please put it in pdf or word format.

Thank you.

Vice Chair- Michelle

Hello, I am Michelle your Addict Vice-Chair:

Good Afternoon All! A warning my report is going to be a little long this month. Thank you all for allowing me to be of service.

I attempted to attend a meeting that stated in June PASC they were struggling with no luck, Weekend Warriors. I did find out a couple weeks later that a new member has taken on some service work for that meeting. And new changes are coming.

I also attended the business meeting for In Times of Need waterfront meeting downtown for support and clarification on anything as did Outreach. I was so moved by the discussion in the business meeting with all the new folks that it made me cry afterwards. The discussion had such a huge amount of responsible for changing our addict behaviors in recovery, use of the 12 traditions, compassion and a polite respectful discussion even in disagreement was just fucking amazing to me! Afterwards I call my sponsor and thank her for all the opportunities she gently pushes on me!

I attended the following Sub-Committee meetings:

PAAS (Activities) meeting the 2nd Sunday of the month @ 2pm until 4pm:

Activities is doing a great job in finding new and exciting was to keep activities/events going through these hard times and shutdowns! There was a great discussion on involving other subcommittees to help get more word out of the virtual activities and flyers for events to treatment centers. I am super excited about wheel of recovery and recovery trivia night on zoom. And I am NOT a fan of zoom! I attended Fort Stevens campout and was so impressed that the AdHoc

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committee consisted of only one person! Wow! So, if you are looking for service positions with the FUN committee with NO clean time requirement please attend!

PR/Outreach meeting: this meeting meets Thursday before PASC at 7pm: lots of changes going on with this subcommittee. There are a few positions open and great discussions on combine these subcommittees for good. A new PR Chair was voted in. So, if you are looking for a committee with reaching out and representing NA as a whole come see what they are all about!

Literature meeting: this meeting meets Friday 4pm the day before PASC, it was a unpleasant experience. There are some issues on this subcommittee that need to be addressed.

I have had more than a few groups reach out or other members asking me to help register their meeting who aren't too computer savvy. Which lead to great communication with the newly appointed schedule coordinator, Toni. She is doing an amazing job communicating with folks. Thanks Toni! Keep up the great work!

I want to thank all of yall for allowing me to be of service and this opportunity to learn and grow in my service work and recovery!

Chair – MaryBeth N.

Hello, all trusted servants and members! This has been my first real month as Chair, and I am enjoying my new position a lot. I went to Region this month, but that was as Chair of PR. As temporary Chair of PR, I had my last month doing that and have passed the position on to Will A., who was gracious enough to accept the position. I also attended Literature to see what is going on with them and am excited that they have a plan for re-opening this coming month.

One of the big concerns in our Area today is whether meetings are going to re-open and how is that going to work. I have heard so many conflicting opinions in the Area regarding the Covid-19 issue that I want to re-iterate something I said last month. No matter what you believe about the virus, please be respectful that other people and groups may have differing opinions on that and be as spiritual

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as possible in discussing matters that are being affected by this issue. Every group has their own group conscience and, at Area for sure, we are all about the group conscience and respecting what a group may deem advisable in this situation. Remember, however, that we are a 503C non-profit organization and are following governor's guidelines in this state as a result. So that our support will go to members who are observing current guidelines regarding masks and social distancing. This is not to say we are judging any meetings in any way. That is not our job!

Do not forget to register your meeting at portlandna.com so that we may put you on the new schedule. Even if you were on the old schedule, you need to do this because there are so many changes going on in the Area- we are trying to keep current. When you re-open, you may have to send in that change as well.

I expect any discussions here will be completely respectful of our differences. Also, I want to thank my team at the BOD for all their service and thank all of you trusted servants for all of your volunteer work. We really appreciate you!! Every member in this Area is valued!

Thank you for letting me serve!

Marybeth N.

BOD Report- MaryBeth

Janet H. reported on the Treasurer report and we are making a \$1000 donation to Region for the quarter. We did not make our required \$75.00 quarterly donation, however, and need to remember to do that. Activities gave their financial report and are arranging with Janet to pay off the past printing bill. We talked about rotation as a tenet of service and in reference to Jordan's report showing the list

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of officers and how long they have been in service (please see the attachment). This report illustrated that the Outreach Committee Chair has been in his position

since 2013 and that there was only a total of 2 committee members and no real possibility of rotation. There was a discussion about the possible benefits of combining Outreach and PR and how that would help/not help Outreach fill some of its service positions. It was mentioned that combining the by-laws in that case would have to reflect the different missions of the two subcommittees. It was decided to take the matter to Area, as there was no clear resolution of the issue and we thought we should get the group's input.

Thank you, Jordan, for doing all that work and we really appreciate it!

Activities – MacRae

1 - 1st time visitors, No 2nd time visitors.

Established Quorum.

In the Middle Speaker Meeting – did not happen so speaker was rescheduled for November.

Picnic in the Park – not sure if event will occur this year due to pandemic.

Zoom Events – no event this month.

Beverly Beach – happening in August 7th through 9th.

UITS – signed contract for location! July 24th, 2021 @ the Oregon Convention Center Plaza.

Fort Stevens – camp out was a success!

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Paint Ball – canceled for this year due to pandemic and \$480 deposit will be a credit for next year.

4th of July – canceled for this year due to pandemic.

End of the Year – Adhoc will happen in August.

Bowling – we need a coordinator, but event does not happen until September or October, and not sure if it will happen due to Covid.

Hospitals & Institutions – Dave E.

The committee met on Friday, July 24th, 2020 at 6pm. Since the last meeting 26 addicts were seen, 0 commitments were missed & 2 cancelled out of a possible 9. 0 people were oriented & 0 returned to give their verbal commitment

RCM: No Report

Thank you for allowing me to be of service

PACNA –Doug B.

Not Present

Public Relations – MaryBeth N.

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We met last Thursday night. There were 9 participants there. The phoneline report was brief. We got charged double for the month and Shelley H. will be checking on why that happened.

Myk, our web servant, reported that he is working on redoing the online schedule according to meetings that have registered. He will be facilitating the opening of the Literature Store on the website and is working on the Subcommittee sections in which you will find Subcommittee info, guidelines and service positions. He is still asking the remaining subcommittee chairs- John at Outreach and Tommy from H and I to please submit their information for the pages he is working on for their subcommittees. Also, there will be an Activities page listing events with their flyers in the future.

We are going to expand our mailings to include a list from Activities for mailing event flyers to Institutions, including An Introduction to NA in those mailings.

We elected a new secretary Sean M. We are very, very happy to have him officially on board. He's been doing the minutes anyway and doing a great job while we've been on Zoom.

We are working on a disclaimer for the website indicating that we cannot be responsible if you get Covid at a meeting. Something like that.... It's not ready yet. A lawyer is helping us write that.

As Chair of Portland Area, I am able to appoint a Subcommittee Chair when there has been a vacancy for 3 months, so I appointed Wil A. temporary Chair of PR. I tried to get him to be permanent Chair, but he was more comfortable being temporary Chair. I have been doing it for 6 months and no one has stepped up, but it is time for me to step down. Thank you for letting me serve on the committee. I've enjoyed it immensely. We are just so grateful to have his expertise and wisdom on the committee.

We discussed announcing in-person meetings on the phoneline and putting them on the website and will be doing that if the meeting has registered properly and can tell us how they are being Covid compliant.

We are not judging any opening meetings but are aware that we are a non-profit 501C3 corporation and should be following guidelines concerning the virus. So please continue to register your meetings even if you are already on the old

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schedule. The schedule is going to be completely re-done. We want the information on it to be as accurate as possible.

Outreach – John H.

No Report

Behind the Walls Sponsorship

Hello All,

My report for this month in July is short.

I am meeting with Janet on Friday to get a letter.

I had a family member of NA contact me about a fallen NA member in Klickitat County Jail for a book. I contact the jail and am requesting \$18.15 to purchase & send from NAWS to that NA member.

I am still posting and announcing at meetings for men to write incarcerated men with little support.

Myk set up an email address for Behind the Walls:

behind-the-walls@portlandna.org

Please feel free to pass that on.

Thank you for allowing me to be of service!

Michelle W

971-719-9219

behind-the-walls@portlandna.org

michellelkerron@gmail.com

Auditors- Annie/Jordan

No Report

Communications AdHoc- Molly T.

Greetings Fellow Addicts in Service,

Your PASC Communications Ad Hoc met one time, as scheduled since last Area Service meeting. Threes Subcommittee were represented, and we hope to see more smiling Subcommittee chair's smiling faces at our next meeting the Wednesday before August's Area Service meeting. Our agenda included an update from the webhost about progress, which is reported to be that our webpage is about 50% updated, which is great! Activities and Literature have been working with the webhost. The webhost still needs info and dialogue with other subcommittees to ensure that they have current info on the webpage and know how to check the subcommittee emails.

Please, as you go to your meetings, encourage current info on the ever changing online, hybrid, and in person meeting changes by updating. There are instructions on the webpage that includes the info needed, and email address to send it to be updated. One member asked if we were going to give info about in-person meetings on the phone line. This question will be managed by PR.

There was discussion about how the Activities Face Book page has been inundated with non-event related posts. This was necessary in our unprecedented times. It is hoped that we will soon return this page to its original intent: share info about events. While this committee would not make any of these decisions, we did talk about having other subcommittees, and maybe even area have their own Facebook pages, and these can have a link that directs people to Portland Area's website.

Literature shared about their plans to open in mid-August. Yay! More will be revealed in that committee's report to Area today. Activities talked about whether PR would be willing to email digital

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flyers and calendars to the facilities they work with and bring paper copies when everything opens up. PR has a Mailing Coordinator who may be able to do this. The PR Chair will discuss this in their meeting and get back to Activities.

Finally, as we will do each meeting, we acknowledged that this ad hoc is temporary, and reviewed what goals/tasks completion will signal that this committee can dissolve. Some items we aspire to include, having the website more functional and all subcommittees using the webpage and assigned emails. Also, the Communications Ad Hoc meeting is not the mechanism within which to conduct collaboration between subcommittees, but rather the space to define how collaborations will best work. As such, we will be closer to being able to end this ad hoc once all subcommittee chairs have joined in the discussion.

Yours in Loving Service,

Molly T

Literature – Candace D.

*We have not purchased any literature since the pandemic started so our bank balance is still at \$185.17.

*Two of the literature Officer members will be going with the **area treasurer** sometime in this upcoming next month so we can sign our names to the literature On Point bank account.

* We made changes/revised literature subcommittee's guidelines and they went out to the groups last month but we will be sending them out again this month with area minutes with a copy of the old guidelines to make it easier for the groups to see what was we added and changed to the guidelines.

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*This past month we met with Myk to go over what we wanted to put on the website about our procedures/ guidelines to re-open and also talked

about changes we would like to make on the literature ordering part of the website.

*I have tried to respond to all the emails that were sent this month to our new address Literature@portlandna.org. Please email whenever you have any questions and we will answer them as soon as we can.

*I'm really sorry I lost my internet connection during area this month. It was right in the middle of my report when people were asking question about opening up literature!

**Literature welcomes everyone who wants to be of service to come to our committee meeting the Friday before area at 4pm on zoom (that's until we go back to meeting at area in person again).

I'm really excited that we will be opening up literature very soon!!! August **15th!** Below is all the information and procedures you need to know about before ordering literature. Where it says- **Our guide to ordering literature page.... (in bold)** from there to the end is all going to be on a link page that will be directed to before you will be sent to the ordering page (I put it all in italics).

PALSC strategy
meeting, 7/3/20

We discussed the different elements we need in place in order to reopen by mid-August; this includes our plan for how and when members can place orders, a safe and reliable system for receiving the funds for orders, and the logistics needed to put in place for members paying and picking up those orders.

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Picking up of literature orders will take place on August 15, 2020, two weeks prior to PASC (whether it is happening in person or via Zoom); this is to insure that we are following occupancy guidelines for churches, not going over capacity during area meeting.

Our Guide to Ordering Literature page on website will describe the process we will be using to receive and fill orders:

Members will check in one member at a time (one person per meeting) at a table set up in the parking lot, go downstairs to literature room and come up through same door- no one will need to go anywhere else in the building. That table will have sanitizer and gloves for use. Members will answer two questions at the table-

Do you have a mask with you to wear inside? Do you have envelope with exact amount for literature order? Money can be in the form of cash, check or money order-

Due to 5th tradition, which we are defining as including literature, a bank account is not necessary to order. Make checks and money orders out to PALSC beforehand- sometimes money orders must be filled out at time of purchase. If money given does not match amount due, it needs to be paid the next month. Group will be contacted by PALSC Treasurer shortages should be paid before placing next order.

When member goes downstairs, they will submit envelope, pick up bagged order and leave building so next person can come down. The line will form six feet from table, and we ask that people stand six feet from each other while on that line.

Deadline for placing online orders will be two days prior to pick-up day. In August this is 8/13 and in September this is 9/17, and so on, happening in mid-month. There will be no paper orders.

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VERY IMPORTANT- You need to make sure that you wait to get a confirmation number at the end of online ordering process- if not, that means the order has not come through to literature, and the order will not be filled or available until September's pick up day (9/19)

Roll Call-

Roll Call of Officers

6 were present

Roll Call of Subcommittees

5 were present

Roll Call of Groups

15 were present

Group Reports

Burnside Blues inquired about donating to Area – there is a button on the website, be sure to include your meeting name.

In Times of Need is a new meeting and this is their report:

We are reaching the still struggling addict like no other meeting we been a part of. Newcomers coming in is a daily basis. But yet when we ask for a show of hands with anyone with a year or more, we have half of our meeting with a year or more. Our coordinators men and women reach out immediately to the newcomers and personally welcome them in every meeting. We are all coming ver, very, very close and intimate with each other furthering our ability to get vulnerable with each other.

We make social distance mandate announcements at every meeting and everyone is doing so. Our greeters offer masks with gloves on and masks on when greeting. We have 18 service positions and 16 filled at this point. We have 2 positions that we ask for at every meeting 1) greeter 2) Timekeeper to give the newcomer a chance immediately to be part of the group with service.

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We have an average of 12, 3-4min shares a meeting with a chairperson share as well.

We have an average number of 40+ people a meeting. With milestone bdays often at 50+ who attend.

We have men's and women's phone lists that we give out in the form of a picture on your phone. And if no phone available we make special arrangements to get them a copy personally that they can pick up in a safe manner.

We have grounds keepers that come in a half hour before and stay a half an hour after to clean up all trash and anything that might be harmful or triggering to anyone.

We have bathroom escorts that walk with you to the waterfront park public restroom. Male and female we also have escorts that stay after and walk everyone back to their cars and public transportation areas.

We have been able to buy a PA system and locking tote with wheels to bring the message very loud and clear now. We have a basic text and step working guild for sale for now.

We have 50+ home group members but that number is growing each day.

Also, in contact with John at Outreach for an ASL interpreter for Mondays to further reach the area we could be getting the message to.

This is my General Secretary Report for the group for July. Thank you for allowing me to be of service.

Brian C
In Times Of Need
GSR

(There was a brief discussion about selling merchandise for this meeting and Tradition 4 was brought up also donating profits was a suggestion.)

Weekend Warriors is meeting in person at 17707 SE Main Sat. & Sun. 12-1pm.

What It Is meeting in person at Lentz Park (92nd & Steele) Tuesdays.

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Fresh Fruit for Rotting Vegetables is looking for a new GSR.

No Matter What meets virtually 5-6pm on Sunday.

ATTENTION: Only meetings that register on the website will be included in the schedule, we want this to be accurate and a plan is in place to be thorough as to not abandon any meetings.

Wil A. encouraged all to be of service so we can rebuild our community.

Old Business

None

New Business

Jordan put together a report clarifying who has been in what service position and for how long. This was in hopes of shedding light on where we need the spirit of rotation the most. Please see attachment.

There was brief discussion about creating a page where sponsees or newcomers can easily find a suitable service position for themselves. This will hopefully strengthen the transition period of rotation.

Open Forum-

The Portland CARR votes are not in, Toni is working on that.

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Consensus to close, Meeting Adjourned at 4:58pm.

Thank you for letting me be of service,
Theresa D.

BOD
July 25, 2020
ZOOM

Opened at 12:01pm

MaryBeth, Theresa, Jordan, Wil, Michelle, Molly, Rachel, Candace, Issac, Annie, Janet, Toni, John, Myk present.

Secretary did send out reminder emails, sorry if someone didn't get them. John H. was camping so how do orientate new GSR's was discussed. It was decided that Myk would send them a handbook by email for now.

Our Treasurer, Janet, let us know that we are financially responsible!!!! Good News!! We agreed to send \$1,000 to Region. If your group makes a donation to Area, please list their name in the comments.

It seems the phoneline is using a lot of minutes so MaryBeth will discuss this with Shelly for clarification, but it looks like the phoneline is being utilized during these trying times.

Outreach and Alt. RCM stepped in really quick to let us know they are camping and without wifi....

Jordan created a report outlining the service positions and who has held them and for how long. This was in hopes of shedding light on what positions need to be rotated. There was talk of creating an easily accessible platform in order for people to find suitable service positions. Our Chair read an explanation of the spirit of rotation. The definitions of each service position should be outlined not only so that new people know what it entails but so current position holders know their tasks and do not get overwhelmed. Thanks for all your hard work Jordan! There was talk of combining PR and Outreach which would mean a change of guidelines and a lot of work restructuring. The idea was to allow Outreach's service positions more access to rotation as John H. has been doing it for a long time. The difference between PR and Outreach was clarified because combining them might blur the lines. A suggestion to contact World and see what other compact Areas do in this situation was made.

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MacRae from Activities announced the cancellation of paintball and said the money was credited for next year. She questioned what to do with other budgets that do not get used due to Covid. She will fix the financial report format so it can be included in the minutes. Our Vice Chair pitched the Beverly Beach Campout as proof they are “good for it”.

Literature’s protocol for rotation was brought up as it is the tradition that each position is served in a certain order, even though it isn’t in the by-laws it is just a path that has been followed. Whether or not the committee is welcoming to new volunteers was put to question. It was made apparent that everyone is doing the best they can given individual differences. A spirit of communication is vital to making the fellowship better.

Motion to close at 1:55pm.

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