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**Portland Area Service Committee  
Meeting of Narcotics Anonymous  
5535 SE Rhone St.  
Portland, Oregon 97206  
April 25, 2020**

The Chair called the meeting to order at 2 pm.  
The meeting opened with a moment of silence followed by the serenity prayer.  
Member read Service Prayer  
Member read “Just for Today” Mantra

**Group Experience**

*John H.* shared in early recovery service was really helpful because he had poor social skills and it gave him a reason to interact with people and learn how to build relationships. Being of service at the Area level showed me how big NA is and how the structure works. He also thinks subcommittees help get others involved.

*Todd S.* shared that getting into service early shapes our recovery and gives us a wide perspective about NA and how it is always adapting to our changing world.

*Dave E.* shared being of service battles selfishness especially armed with the traditions.

*John Ha* shared that he is coming up on 2 yrs and believes it is due to the service positions he has held. They have helped him stay focused and anchored him during troubling times. He gets a sense of pride which is not something he can give himself.

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**New GSR/Alt. GSR and New Group Recognition:**

Nathan      Anyone & Everyone      GSR

WELCOME ALL NEW TRUSTED SERVANTS!!! REMEMBER AREA IS FROM 2-5 PM  
THE LAST SATURDAY OF THE MONTH...

\*Armageddon Addicts is a new meeting in the park at 113th and Stark every  
Saturday and Sunday at 3:30pm rain or shine. In person meeting with tags. Social  
distancing required. \*

**Announcements:**

A member shared that a password could protect against Zoom ‘bombings’.

The Saturday Night Speaker Meeting will continue online, it will be on the 1<sup>st</sup>  
Saturday of May, the link will be posted on the FB page.

The Chair encouraged members to speak out during announcements for help.

**Amendments to last month’s minutes: None**

Member read 5<sup>th</sup> Concept

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**10<sup>th</sup> Concept Grievances** – NONE

**Nominations & Elections** (May)

*Alt. Secretary* – John H. (accepted)

*Vice-Chair*- Jenny (declined)

Michelle (accepted)

**All Service-Learning Days Ad-Hoc** – Todd S.

Date: April 18<sup>th</sup> @ 1 PM

Zoom Meeting

Present were Todd S and John A

Discussion focused on the transition for the workshop going from a brick and mortar location into a virtual environment due to the continued safe distance protocols because of the coronavirus. Format will stay pretty the same with two meetings room open simultaneously. Looking at a staggered time between

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workshops, e g, H&I at 2 pm and PR starting 15 minutes after. This will give people enough time to get to the next workshop before it begins.

The other workshop items we discussed are as follows:

- Date/start time
- Additional topics of discussion. We will pass along a quick survey to the area to get a snapshot of discussion topics we can put on at the workshop
- Tieng the workshop into a speaker meeting event such as the In the Middle of the Speaker Meeting. We are seeking speakers with extensive service experience to share how service work has enhanced their personal recovery.  
Need to hear a strong NA message of recovery.

The next meeting will be on May 2<sup>nd</sup> @ 1 PM. Zoom meeting info to follow.

Thanks, yours in service,

Todd S

## **Old Business**

### **Financial Ad-Hoc – Janet**

We have not had any meetings, although we have reached out for design ideas. We will be meeting in 2 weeks and will have a report next month.

**Communications Ad-Hoc John H.**

The reason for this Ad-Hoc has been ironed out. Ad-Hoc dissolved.

**Reports**

**RCM Report- Toni B.**

Hello Family,

I attended the last Regional committee meeting and there wasn't a lot going on, so I'll touch on the things we discussed.

1. Region needs donations. They, like us, are hurting and are in the process of setting up a PayPal account.
2. PNW (the oldest NA traveling convention) is still, for now, being held in British Columbia this coming October.
3. PNW will be held in Lane county in October of 2022.
4. They would like our opinion on whether region should oversee the regional conventions instead of each area volunteering and taking the responsibility of setting it up.
5. Region is asking each area if there is anything, they can do for us during this time?
6. We currently have 3 service positions available: Vice Chair, alt secretary and policies/procedures person. you can attend the next RSC online if you are interested in being of service at the Regional level.

Lastly, through May 30th, we can hear speakers from the World convention in 2018. World is offering it for free. You can go on line at <https://go.e.attend.com/NA18>. This will take you to the library of speaker meetings.

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In loving service,  
Toni B.

*Antoinette (Toni) Bradfield*  
Insurance and Membership Sales

AAA Oregon/Idaho  
503-973-6546 or 714-716-6111

**Archivist— Isaac R.**

No Report

**Treasurer— Janet H.**

I have returned all voided checks. If your group wants to donate to Area, please use the button on the website or mail a check or money order to the P.O. Box.

Thank you

**Secretary —Theresa D.**

Thank you for allowing me to be of service. If you are a new GSR or need to update any contact info please email me at [secretarypasc@gmail.com](mailto:secretarypasc@gmail.com). If you are giving a report, please email me a typed copy.

With Gratitude  
Theresa

**Vice Chair- Marybeth N.**

I have been in training for the Chair position under Will A. and appreciate all the advice and direction I have received from him. I'm looking forward to being Chair soon possibly in the future. We are hoping to encourage donations on the website through PayPal today. We literally have no income at this point and still have

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ongoing expenses, such as insurance, website costs and phoneline, etc. that occur monthly whether we are meeting in person. Please support Area in any way you possibly can by donating on the website at [portlandna.com](http://portlandna.com) through PayPal.

Thank you very much for allowing me to serve!

**Chair - Will A.**–

Hello Fellow GSR's

Here is what I have done during the last two weeks - I have connected with the Vice-Chair, many times about moving forward with virtual meetings for subcommittees and the ASC. I have also connected on multiple occasions with the web host about the Zoom meetings and subcommittee involvement. I also attended the Public Relations subcommittee. I requested that H&I be added to the subcommittee Zoom list as requested by their secretary. I secured an experienced virtual member to run the ASC since Doug W. was unavailable as host.

In Grateful Service,  
Wil A.

**Activities –MacRae B.**

NA Activities met via Zoom on 4/12/2020 at 2 pm.

We had quorum and conducted business.

The camp out head coordinators have individually decided to go ahead with their campouts. They spoke to the park administrators, and so far, the parks are not closing on the scheduled NA campout dates. If they decide to cancel, we will be fully reimbursed. If we cancel before they allow us to, we will lose our money.

We are still going ahead with 4<sup>th</sup> of July picnic unless otherwise notified.

We created a new ad hoc to create Zoom NA activity events. Information is as follows:

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Our activities committee is working on brings our area some virtual activities. If you want to help plan some fun quarantine events please join us on Sunday April 26th at 2pm via zoom  
664 402 6445 password is funna  
Becky M is inviting you to a scheduled Zoom meeting.

### **Literature – Candace D.**

The beginning balance was \$2,789.22 and deposited 4,445.25 for 2/29/20 Area Literature sales. The total was \$7234.47. We purchased literature with NAWs for both February \$2731.90 and March was \$4317.40 and the balance to this date is \$185.17.

Our new e-mail address is [literature@portlandna.org](mailto:literature@portlandna.org). Feel free to contact us at this e-mail and I will respond as soon as possible. Our email is also on the Portland area website if needed to find it.

Area and all subcommittees are in the process of changing their bank accounts from US Bank to On Point. We wanted to make sure that when we proceed on changing bank accounts that we have the Literature Chair and Treasure there to be the signers of account. The reason why this is being mentioned is because past issues made it difficult for us to have two people in our committee to be on the account and it is suggested in our guidelines to have two signers.

We are planning to have our Literature Sub Committee meeting on ZOOM ever 3<sup>rd</sup> Friday of the month at 4pm until we can have a physical meeting at the church. The meeting ID is 505 911 0116 for Literature Sub Committee and the password is SERVICE and it will be the third Friday of the month at 4pm. We might have to change the ID due to misunderstandings. We were unable to do a Zoom meeting on March 17<sup>th</sup> because it asked me to give an email as the host and none of my e-mails worked. We will probably get a new ID for next month meeting on Friday May 15<sup>th</sup> at 4pm and it will be posted on the Portland area website.

We need to make sure that all meetings are ordering all their literature from world and understanding that reasons we are not filling literature orders is



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because we are in quarantine right now and currently is not applicable. As soon as the lockdown is lifted, and we are given the okay by the governor to start proceeding in lighting the social distancing we will start in the process of getting Literature up and running again! We know how hard this pandemic has been on ALL of us and we are just asking for your continued patience, support, and understanding.

Thank you!!

Literature subcommittee had an extra meeting this month to focus on changing and finishing the by-laws/guidelines. They are getting typed up and then I will present them at AREA at meeting in my report next month.

### **PACNA – Doug B.**

All events and planning has been put on hold, refunds will be given if venue cancels event.

### **Public Relations – MaryBeth**

8 people were present at the Zoom mtg on last Thursday. Open positions include Flyer Coordinator, Chair, Vice Chair, and Secretary. The phoneline report indicated that all shifts are filled, but that some people need to rotate out of their positions, so the Saturday and Sunday morning shifts from 7am to noon are available. The webmaster reported that there has been a lot of work done on the website to accommodate Zoom mtgs. There are 110 Zoom mtgs on the website, including Clackamas and Washington Counties. There will be links to Region and World on the website soon. If you have a new Zoom mtg, please contact Myk at [tech@portlandna.org](mailto:tech@portlandna.org) with your information or [virtual.rooms@portlandna.org](mailto:virtual.rooms@portlandna.org). Maggie (secretary) will be typing up the amended by-laws and sending them to Myk for review and then they will be ready for approval. Myk, our new webmaster, and his team, have been doing a fantastic job on the website! We really appreciate their service!

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We talked about creating an outward facing website perhaps on Facebook to increase our social media presence and there was a lot of discussion on how to do this, so we are still researching ways we might structure that. Please attend PR if you have any suggestions for this. Here and Now is working on a plan to deliver some literature to individuals needing it badly. We are also investigating a way to

send mass text messages to members to inform them of meetings and other announcements.

### **Hospitals & Institutions – Dave E.**

The Portland Area Subcommittee of Hospitals and Institutions met last night 25 April @6pm PST on Zoom conference. 0 commitments were made, cancelled, or missed for the month of April. Because of the evolving nature of social distancing and changes in treatment and clearance facilities, H & I will meet on Friday, 15 April @6pm PST via Zoom conference. To be more responsive to addicts in our roster of facilities, we elected to meet in two weeks. Panel Chairs and the service body in general will provide more up to date information about when H & I members can resume bringing their presentations to facilities. Zoom meetings have been offered but so far, those facilities that have responded are not able to allow conference presentations due to inability to host electronic meetings and/or privacy concerns.

Kind regards,

Dave E

### **Outreach – John H.- .**

- Outreach is continuing to get requests to help start meetings virtually and get their info out to the fellowship and we have been helping primarily referring them to the webhost.

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- Michelle the Sponsorship Behind the Walls has received one new letter from Janet this month which was passed for Communication. Had two letters last month and a new person to write.
- Outreach is working with Here and Now group that donated \$250 for literature to get to members that do not have the means to order literature from NA World Services. The process will be:
  - We will make a bulk order of Basic Texts and Step Working guides from na.org
  - We will encourage members to order literature from na.org, if they cannot, with some screening and clarification that this resource being limited...
  - Have them email [outreach@portlandna.org](mailto:outreach@portlandna.org) to request basic text or step working guide (one or the other)
  - There will be a small group of members from various areas of the Portland Metro that will have a portion of the literature supplies. When a request is made, we will request an address and have a book sanitized and dropped on the porch of the member.

### **Auditor – Jordan V.**

The Auditor Bylaws have been finalized and emailed to Isaac for addition into the Bylaws. We will be conducting audits of each subcommittee during the four months leading up to elections, instead of quarterly. This gets rid of redundancy around quarterly audits in addition to audits when elections take place.

### **RollCall-**

Roll Call of Officers

6 were present

Roll Call of Subcommittees

All were present

Roll Call of Groups

18 were present

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### **New Business**

**Proposal: # 20-10**

**Date Made: 4/25/20**

**Made by: Janet**

**Seconded: by Michelle**

**Proposal: That the PASC move all accounts from US Bank to OnPoint Credit Union**

**Intent: Use a banking platform that better meets our needs, as an organization, with less restrictions and that utilizes more apps.**

**Consensus Reached**

**Proposal: # 20-11**

**Date Made: 4/25/20**

**Made by: MaryBeth**

**Seconded by: Janet**

**Proposal: To increase PR's budget by \$60, from \$17 to \$235**

**Intent: To accommodate a broader website platform.**

**Consensus Reached**

**Proposal: # 20-11**

**Date Made: 4/25/20**

**Made by: Toni**

**Seconded by: Fabian**

**Proposal: That region takes responsibility for putting on the annual Regional Conventions.**

**Intent: So individual areas aren't responsible and the convention can be organized with diverse locations.**

**Discussion:**

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- in the past not enough areas have bid to put on the convention
- the PNW has never bid on the convention here
- if the Region takes the responsibility then the convention would happen
- is it ok to take that opportunity from the areas in this region?

**Consensus** to send motion by to the groups for input.

### **Open Forum-**

-How do meetings observe the 7<sup>th</sup> tradition in virtual meetings? They can go to the website to donate and hook an account up to Venmo. Talk to Janet for specifics.

-A member brought up that 4D should be considered NA because they are addicts desiring to get clean.

-The PASC is too long and young people don't want to come because of that.

-It's important to make service more attractive to others

-Everyone wants cookies but no one is going in the kitchen to make them.

Consensus to close, Meeting Adjourned at

Thank you for letting me be of service,  
Theresa D.